



huddl

Parent Talks

Trinity Park, Ipswich

in association with

David Lloyd
CLUBS

supporting



Huddl provides a platform for parents to access up-to-date expert advice, so that we can help our children with the pressures of growing up.

Visit our website to buy tickets or find out more:

www.huddl.uk #jointhehuddl

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Huddl Parent Talk:
Social Media &
Internet Safety

Thursday 14th September
7pm – 9.45pm, £15 per ticket

How do we manage the best balance? How do we ensure they can safely operate and have the strength to talk when they are in distress?

Speakers: Dr Emma Bond, Jonathan Taylor & Lorin LaFave

Huddl Parent Talk:
The Changing
Teenage Brain

Tuesday 10th October
7pm – 9.45pm, £15 per ticket

What's going on in our children's heads at this key stage of life? Why is everything so overwhelming and reactionary? How can we communicate better with them?

Speakers: Dr Rosemary Taylor & Natasha Devon MBE

Huddl Parent Talk:
Anxiety, Grit & Resilience

Tuesday 14th November
7pm – 9.45pm, £15 per ticket

What is it that enables some young people to learn from their failures? What does it mean to be resilient? How do we develop this skill in ourselves and our children?

Speakers: Dr Tina Rae & Elizabeth Wright

£15 to join 1 Huddl Parent Talk or £40 to join all 3.

To buy tickets please visit our website: www.huddl.uk

