

One Life Suffolk

FREE SUMMER HOLIDAY CLUBS ACROSS SUFFOLK



Free goody bag for every child which includes a sports bottle, plus the chance for each child to win a prize

Team games, activities, food preparation & tasting, healthy lifestyle support and much more for 5- 14 year olds in Suffolk.

The clubs are available for children above the healthy weight range. There are no gimmicks, no unrealistic expectations; just fun and interactive activities to help them to fulfil a healthy lifestyle.



One Life Suffolk

01473 718193

www.onelifesuffolk.co.uk

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**To guarantee your child's FREE place,
book at least one week before the start date**

Mon 13th - Fri 17th August, 9am -3pm

St Edmundsbury Primary, Grove Rd, Bury St Edmunds, IP33 3BJ

Mon 20th - Fri 24th August, 9am - 3pm

Denes Ormiston Academy, Yarmouth Rd, Lowestoft NR32 4AH

Mon 6th - 10th August, 9am - 3pm

Chilton Primary School, Violet Hill Rd, Stowmarket IP14 1NN

Mon 28th - Fri 31st August, 9am - 3pm

Ipswich Academy, 9 Brazier's Wood Rd, Ipswich IP3 0SP

Mon 20th - Fri 24th August, 9am - 3pm

Woodhall Primary School, Mayflower Way, Sudbury, CO10 1ST

Call: 01473 718193

Visit: www.onelifesuffolk.co.uk

**Families
and
Young People**



Suffolk
County Council