

Primary East

Building Excellence in Education 

Emotional Regulation

- *Helping children understand
and manage feelings*

For more detailed course
information please visit the
Alpha Inclusion website at
www.alphainclusion.co.uk

National Teaching School
designated by



National College for
Teaching & Leadership



www.primaryeast.co.uk



@PrimaryEastTSA

Overview

This training looks at ways we can help a young person understand different feelings- what they look like, sounds and the words we use. It also looks at developing strategies to help young people understand what they are feeling and support the development and use of their emotional vocabulary and expression.

Facilitators

This session is facilitated by **Amy Eleftheriades** at Alpha Inclusion.

Date/Venue

5th December 2018

9:30am - 3:30pm

**Ixworth Primary
School**

Cost

£85 max.per delegate

Includes a buffet lunch

Information regarding our price promise can be found on our website.

To book a place email:
admin@primaryeast.co.uk