

### **Target Audience**

Headteachers & Senior Leaders

### **Dates:**

Autumn Term - 1<sup>st</sup> & 15<sup>th</sup>  
November 2019,

Spring Term – 28<sup>th</sup> February  
& 13<sup>th</sup> March 2020

9.30am – 4pm

### **Location:**

Autumn Term – Norwich

Spring Term – Bury St.  
Edmunds

### **Facilitators:**

These sessions will be facilitated by Mrs Rebecca Quinn, Headteacher at St John's Community Primary School at Hoveton and Mrs Louise Clark, Strategic Lead for Primary East.

### **Cost:**

**£205**

*A wealth of **professional expertise**, grounded in **evidence-informed practices** and supplemented by **research**, allows us to **move practice forward** through **reflection, consolidation** and **enrichment** to deliver **significant impact**.*



## Leading a Mentally Health School



### Previous Evaluation – positive impact

- It provided awareness for developing curriculum.
- Receiving Ideas on how to implement a healthy mental school and build a foundation.
- Provided the foundation to get working on a policy.
- Mental Health will be a reason for doing something rather than a by-product.
- I know how to move forward / next steps.
- I will re-evaluate policies in light of mental well-being considerations.
- It provided the foundations to move the school forward with mental health.
- Policy making, whole school approach providing structure and foundation.



### Course overview

These sessions follow the national course which develops participants understanding of what it means to be mentally healthy.

It also allows attendees to reflect on their current practice and look at how this can be developed and then formalised by means of whole school policy and strategy.



### Intended Impact

At the end of the 2 days schools will have an action plan to develop their school and will have a draft policy/strategy to implement back in school.

**Primary East**  
Building Excellence in Education >>>>>

To book a place or for further information:

Contact: [admin@primaryeast.co.uk](mailto:admin@primaryeast.co.uk)